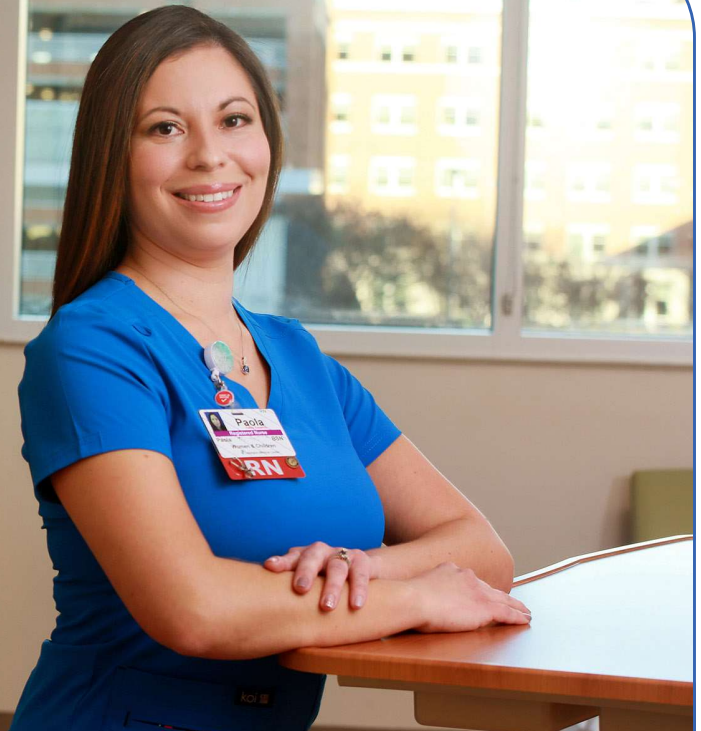


LABOR AND DELIVERY

Nurse Residency

Duration: One Year



PHASE 1: Unit Orientation

- 12 weeks: You will spend the first 12 weeks of your precepted experience in Labor and Delivery.
- The majority of the first phase will be spent focusing on labor, delivery and recovery phases.
- Throughout the 12 weeks, you will complete a Labor and Delivery classroom program focusing on building a solid foundation for a career in Labor and Delivery. These classes range from L&D basics to management of more complex pregnancy-related conditions. These classes also offer hands-on practice with equipment and simulations.

PHASE 2: Home Unit Placement

- Upon successful completion, you will be offered a position in Labor and Delivery. This will be night shift. Orientation on the Labor and Delivery unit will continue for 12 to 16 more weeks and will cycle through the other areas of the unit: antepartum, triage and surgery/PACU.

PHASE 3: Professional Development Lectures

- As part of the yearlong Nurse Residency Program and while working in Labor and Delivery, you will attend four lecture classes to continue developing your skills.
- **Topics include:** Delegation, communication, time management, conflict resolution, and critical and ethical decision making.

Evidence-Based Project

- You will complete an evidence-based project (not research) at the one-year mark with the help of your nurse manager and clinical mentor to signify completion of the nurse residency program. You will prepare and present a poster of your project to your Unit-Based Practice Committee. This can be completed as an individual or a group.



Interested?

Visit LexHealth.com/NurseResidency for more information or to apply. Email us at LMCNurseResidency@lexhealth.org.